

Pantry Items for Cooking

Chicken Stock

Beef Stock

Vegetable Stock

Bullions – all flavors

Cooking Wine – red and white

Rice - assorted

Gluten Free pasta - assorted

Quinoa

Gluten Free breadcrumbs

Gluten Free Matzo Meal

Tomato Sauce

Tomato Paste

Diced Tomatoes

Jarred Spaghetti Sauce

Cannelli Beans - canned and/or dry

Kidney Beans - canned and/or dry

Pinto Beans - canned and/or dry

Roasted Red Peppers

Artichoke Hearts – Frozen, jarred and marinated

Olives – assorted

Ketchup

Mustard

Dijon Mustard

Balsamic Vinegar

Red Wine Vinegar

Rice Vinegar

Now Find Gluten Free

White Vinegar

Worcestershire Sauce

Gluten Free Soy Sauce

Gluten Free stir fry sauces

Franks Red Hot sauce

Honey

Maple Syrup

Olive Oil

Peanut Oil

Sesame Oil

Coconut Oil